



## MAC 'N PLEASE LEVEL I FOR THIRD AND FOURTH GRADERS

Mac'n Please is a six-week series of one-hour classes for boys and girls in third and fourth grade. Classes begin at 5:30pm. The seventh and final class is a Formal Dining Experience and Graduation Ceremony that parents are invited and encouraged to attend. That evening we will begin at 6:00pm. Emphasis is on having fun while learning social skills through role-playing, interactive activities, games, tips and tricks and dress-up! There will be a maximum of 12 students in the Mac 'n Please classes.

### MEETING AND GREETING

- Proper handshakes
- First impression confidence builders
- Face-to-face interaction and good body language
- Conversation skills

### BASIC COURTESIES

- Polite introductions
- Showing kindness
- How to give and receive compliments
- Courteous quartet: "please," "thank you," "excuse me" and "may I"

### URBAN PLEASANTRIES

- Phone manners and safety
- Incorporating thoughtfulness into everyday life
- How to handle mistakes and using tact
- Sincere versus insincere apologies
- Good sportsmanship

### RECEIVE MORE INVITATIONS

- Party do's and don't's
- How to be a great host and a guest that gets invited back
- Conversation starters
- Respecting the privacy and possessions of others
- How to write a proper thank you note

### MANNERLY DINING

- Navigating different food service styles: tray-passed hors d'oeuvres, buffet service and formal dining
- Properly setting the table
- Using the right fork (and spoon) at the right time and in the right way
- At the table: proper dining (and eating) skills, breaking bread, soup and salad rules, follow the leader skills
- Dining out skills: when you're a guest, in a restaurant
- Making the most of a toast

While the main class topics may be the same for different age groups, the content and specifics of the class are age-appropriate. Additionally, we have found that children retain different concepts at different ages, so continuing classes from year to year offers wonderful reinforcement.

